

# Reader Quiz

**Directions:** Use what you learned from reading your website article on the human body systems to choose the best answer for each question.

1. How does knowing about the human body help people stay healthy?
  - a. People will know where to go to get treatment for illnesses.
  - b. People can try different foods.
  - c. People can make conscientious decisions about the foods they eat and the exercise they give their body.
  - d. It strengthens their religious beliefs.
2. Which body system is affected by coronary artery disease?
  - a. cardiovascular
  - b. digestive
  - c. endocrine
  - d. integumentary
3. Which body system fights illness?
  - a. digestive
  - b. endocrine
  - c. immune
  - d. nervous
4. Which two body systems are the most closely related?
  - a. digestive and integumentary
  - b. endocrine and reproductive
  - c. skeletal and nervous
  - d. muscular and lymphatic
5. How is the nervous system in humans different than in animals?
  - a. People are able to think through problems abstractly.
  - b. Animals do not have emotions.
  - c. Animals do not have neurons to carry messages to the brain.
  - d. People do not have instincts.
6. Which of the following are ways people can keep themselves healthy?
  - a. watching what they eat
  - b. drinking plenty of liquids
  - c. establishing and maintaining a regular exercise routine
  - d. all of these
7. Select one body system described in the book. Explain how this system is connected to another system, and how people can keep this system healthy.